

COVID-19 Community Prevention

Feel sick? Stay home!



If you are sick with respiratory symptoms (fever, cough, sore throat, headache, etc.) stay home for at least 7 days, and for 3 days with no fever and improvement of other symptoms, whichever is longer.



If you had close contact with someone who was sick with those symptoms stay home for 14 days. Symptoms may appear 2-14 days after exposure. (Close contact is defined as within 6 feet for 10 minutes or longer).

Prevent the Spread!

Cover your cough and sneeze.

Wash your hands often with soap and water for 20 seconds.

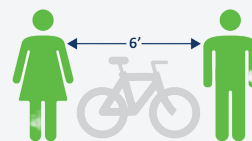
Avoid touching your face.

Stay home as much as possible.

Limit face-to-face interactions whenever possible. If you are unable to avoid in-person interactions, follow these social distancing recommendations:



Cancel gatherings of 50+ people.



Allow 6 feet of space per person.



Limit high-risk groups to 10 people.



Public Health
Prevent. Promote. Protect.
Benton County

Visit the Minnesota Department of Health's website for accurate and up-to-date information <https://www.health.state.mn.us/diseases/coronavirus/situation.html>